Over the past 62 years, the field of Respiratory Therapy has grown considerably. There was a time when respiratory therapists had little formal education and most of the training occurred on the job. Their main function was to ensure safe oxygen use, to administer intermittent positive pressure breathing (IPPB) treatments, to perform cardiopulmonary resuscitation (CPR), and to operate negative pressure (iron lung) ventilators. There have been many names for them such as: oxygen orderlies, neb jockeys, inhalation therapists, respiratory therapists, and now Licensed Respiratory Care Practitioners. With the advent of positive pressure mechanical ventilators, neonatal and pediatric care, more sophisticated pulmonary function testing (PFT), there was a need for more thoroughly trained clinical practitioners. Respiratory therapists have become an essential part of the healthcare team. Today these therapists are college-educated trained clinicians who work in a variety of healthcare settings.

Respiratory Care practice includes the diagnosis, treatment, management and care of patients with cardiopulmonary diseases. Respiratory therapists work under the direction of physicians and carry out orders prescribed by them. Their duties range from giving temporary relief to a patient with asthma, pulmonary edema, or emphysema, to the assistance in emergencies for patients with asphyxiation, heart failure, stroke, drowning or shock. Therapists’ duties can also include treating carbon monoxide poisoning and the respiratory care of newborn infants. They respond to every rapid response, code blue, code red, and code yellow (as extra trained personnel).

Respiratory therapists set up and operate all oxygen-driven devices including ventilators and positive pressure breathing machines designed to give respiratory assistance to patients whose lung function has been compromised. They use other mechanical devices such as precursors to stimulate the flow of mucus from the lungs, as well as nebulizers and inhalers that supply the lungs with medication. They also complete blood gas analysis. They instruct patients and their families on the performance of breathing exercises, handling of equipment and continuation of treatment at home.

Therapists monitor equipment, observe patient reactions, assess conditions, assure comfort, and recommend changes in therapy to physicians. They record relevant information in the patients’ medical record. They may also use a variety of testing techniques to assist doctors in medical research and to diagnose disorders. Other duties may include the maintenance, sterilization, proper assembly and testing of equipment they use.

Last year, Respiratory Care Practitioners at T.J. Samson set up 677 ventilators, obtained 3,535 arterial blood gases, administered 29,232 nebulizer treatments and delivered 237,924 hours of oxygen.

Respiratory Care Week is October 23 – 29. If you see a therapist, tell them thank you for making it easy to breath!
Our T.J. Respiratory Care Team

Maria Belding
Shenna Poynter
Dana Harris
Debra Jennings
Suzette Ferren
Becky Smiley
Erica Milan
Shannon Gerlach
Marilyn Greever
Hannah Colvin
Jennifer Sargent
Kathy Vance

Jodie Holgate, Johnny Hatton and Crystal Shoopman
This portion of the T.J. Employee Campaign will end on Monday, October 31. Be sure to submit your donation form to Kim Lambert by Friday, October 28 so you can be included in the drawing for the iPad as well as future months of Premier Parking Spots!

This campaign supports the wonderful goal of establishing the Shanti Niketan Hospice Home. As a way of thanking our employees for their contribution, we will be drawing for an iPad on Monday, October 31. In addition, the names of all employee donors will remain in monthly drawings for Premier Parking spots. Every employee who donates will receive a special badge clip, and those who pledge to contribute for two or more years will also receive a free t-shirt. Don't miss your chance to be part of this heartwarming initiative, and earn the chance to win some great prizes.

Thanks to everyone who has already contributed to this great cause!

The donation form is located on the last page of the newsletter.

Thank you, Tracy Homemakers!

Last week was Homemakers Week, and to celebrate, the Tracy Homemakers Club donated this wonderful snack basket to comfort families in the ICU waiting area. This was a service they wanted to provide to the community during their recognition week. Thank you, Tracy Homemakers, for providing comfort to our patients during a time when they need it most.
The holidays are a time rich with family tradition. But what if your family doesn’t fit that traditional image? It’s time to let go of the stress of trying to create the perfect holiday and form traditions of your own. Your Employee Assistance Program is here to help with information and resources to help you do the holiday your way.

**ONLINE SEMINAR**

Available on demand starting November 15th

Holidaze: How to Enjoy the Holidays and Minimize Holiday Stress

Is stress getting in the way of your holiday enjoyment? Explore ways to minimize the tension and increase the fun for all involved.

Online seminars can be found on your home page, or you can search for them by title.

**TOLL-FREE:** 800-628-5439  
**WEBSITE:** www.maxwelleap.com  
**USERNAME:** tjsamson  
**PASSWORD:** employee

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.
Care of the Breast Cancer Patient

Lunch & Learn Panel Discussion with:
Melanie Isbell, APRN, Amy Stephens, RN, BSN, OCN, Beverly Nuckols, BS, LSW & Ashley Love, DPT

Tuesday, November 1st
12p.m. to 1 p.m.
T.J. Health Pavilion Community Center
310 N.L. Rogers Wells Blvd., Glasgow

Bring your own sack lunch and drinks will be provided.
One CEU will be awarded to nursing professionals who attend.
Please call 270.659.3378 with any questions or for more information.

Regional Health
Show off your artistic skills in celebration of the harvest season... Create a pumpkin masterpiece and display it within your department!

- Every entry will be exhibited, but only a few will be chosen as the best of the best!
- One entry is allowed per department, and prizes will be awarded for First Place and Runner-Up at each of the following locations: T.J. Samson, T.J. Health Pavilion, T.J. Health Columbia, Clinic Locations (all combined).
- Pumpkin creations will be judged according to the following criteria:
  - Originality
  - Quality of the work
  - Creative use of materials
  - Suitability of the title (yes, you must name your pumpkin!)
- Pumpkins and display cards will be available on Tuesday, October 4. T.J. Samson: Pick up in HR. Pavilion: Pick up in Pavilion HR. T.J. Health Columbia and clinics will have pumpkins delivered.
- Pumpkins will be judged on Tuesday, October 25th. Winners will be announced on October 27th.

Rules and Restrictions:
- The main part of each entry must be a pumpkin.
- Pumpkins may not be carved, punctured or hollowed out. Pumpkins with any carvings or punctures will not be accepted.
- Objects, paper, and materials of any kind may be glued to pumpkins. Participants may also draw or paint on their entries.
- No electrical device or candle may be used as part of any entry.
- Each entry must have a title and be accompanied with a display card. Pick this up in HR along with pumpkin.
- Display tables will be set up at T.J. Samson (outside cafeteria), T.J. Health Pavilion (in main foyer) and at T.J. Health Columbia.
- Outside clinics, please contact Rachel Forrester in HR for details on participation. (rforrester@tjsamson.org)
2016 Barren County Heart Walk
Saturday, October 22, 2016
Beaver Trail Park
Glasgow, Kentucky
Walker Registration

Thank you for participating in the 2016 Barren County Heart Walk!

1. Visit the Heart Walk Website at the following address:
   www.heart.org/barrencountywalk
2. Click “Register” at the top of the page
3. Click “Join a Team”
4. Click on the drop down box, next to “Locate A Team By Selecting A Group” and then scroll to “TJ Samson”, and click on “Select”
5. Click on the link labeled, “Join Team” next to your Company Leader, Pam Dyer’s name.
6. Choose “Option 2” and click box to “Create Username and Password”
7. Complete your information in the box that appears and remember to write down your username and password for future logins!
8. Finally….customize your page (personalize it with “why” you support The American Heart Association, i.e your survivor story or a loved ones story) and send e-mails to all your friends and family members, asking them to make a donation!!!!
9. Raise $100 and you will receive a 2016 Heart Walk T-Shirt!

Username___________________________________________________________

Password___________________________________________________________
Employee Donation Form
Payroll Deduction Authorization/One Time Gift

I understand my donation will be made to the T.J. Community Mission
Foundation to advance the Love Makes a House a Home campaign to
support the Shanti Niketan Hospice Home, its programs and/or endowment.

Employee Name: __________________________________________
Home Address: __________________________________________
Phone: __________________________________________
Email Address: __________________________________________
Social Security Number: __________________________________________
Employee Number: __________________________________________

☐ PAYROLL DEDUCTION
Please deduct the following amount from each paycheck: $__________
My gift is a:
☐ 3 year contribution
☐ 2 year contribution
☐ 1 year contribution

I agree that my gross pay will be reduced by the amount of my deduction as indicated above.
In the event a new Employee Deduction Authorization Form is not executed on or before the next
year-end, this form shall be deemed to continue in force for the next succeeding year.

Employee Signature: ___________________________    Date: ____________

☐ ONE TIME GIFT
Please accept my one time gift: $__________ (check attached)
Make check payable to: T.J. Community Mission Foundation