

The Volunteer Gift

*A helping hand, a willing heart
Sometimes that's all it takes –
A simple gesture on someone's
part, but what a difference it
makes.*

*That's just the kind of gift you
give over and over each day,
And will always be glad that
you've chosen to live in such an
unselfish way!*

~Author Unknown



Benefits of Volunteering!

Volunteering provides individuals with various benefits!

- Provides an opportunity to serve your community.
- Personal sense of accomplishment.
- Significant physical & mental health improvements as a result of the staying active.
- Discover new capabilities and gain new experiences.
- Opportunities to share your talents with others.
- Create lasting friendships with others.

The above information is provided courtesy of *Corporation for National and Community Service*. Visit nationalservice.gov for more information regarding the benefits of volunteerism!



A Planetree Affiliate



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Planetree Volunteer Program



*A positive opportunity
awaits YOU at
T. J. Samson!*

T. J. Samson Community Hospital
1301 N. Race St.
Glasgow, KY 42141

Who Can Participate as a Planetree Volunteer?

Any active, energetic, positive adult can participate as a Planetree volunteer. The goal of this volunteer program is to reduce the stress of patients, visitors and staff by performing a variety of services in many areas of the hospital. The role of the volunteer is one of compassion, support, and encouragement. If you have a willingness to help your community, assist those in need, or desire an activity outside of your household...then we have a spot for you!

As a Planetree volunteer, the number of hours you donate to T. J. Samson is entirely up to each volunteer. One hour of volunteering is just as important as 40 hours of service.

Planetree volunteers assist in various areas of the hospital. We have a variety of assignment descriptions to match your particular interest, skills, and availability.

*“ We make a living by what we get,
we make a life by what we give.”*

~Winston Churchill

Where Can Planetree Volunteers Be Found?

- **Greeters**—these volunteers greet & escort visitors as they enter the North Entrance (*outpatient registration area*) of the facility, offering assistance as needed.
- **Coffee Cart**—delivering complimentary coffee & teas to visitors, staff, & qualifying patients.
- **Grounds Crew**—for those who have a interest in outdoors—this would be the place for you.
- **Office Assistance**—these volunteers assist offices with filing, organizing, photocopying, etc
- **Floater**: *Jack of All Trades!* These volunteers never do the same job twice. As a need arises we send the Floaters into action.
- **Hand Massage**: Trained volunteers can provide relaxing hand massage to patients & staff.

*As a reminder, we will tailor work
assignments to meet your interest!*

How to Apply?

If you are interested in participating in the Planetree Volunteer program, please contact:

Sharon Dickerson at (270) 651-4819
or via email at

sdickerson@tjsamson.org

